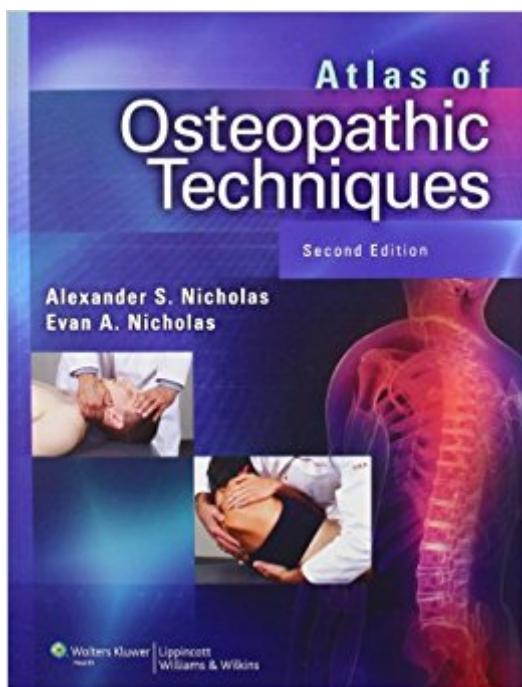


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# Atlas Of Osteopathic Techniques (Nicholas, Atlas Of Osteopathic Techniques)



## Synopsis

This highly praised atlas presents techniques commonly taught and used in osteopathic medical education and practice, serving as an authoritative reference for exam preparation and clinical rotations. Step-by-step instructions, richly illustrated with full-color figures, guide the learner through more than 350 manipulative methods.

## Book Information

Series: Nicholas, Atlas of Osteopathic Techniques

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Average Customer Review: 4.2 out of 5 stars 26 customer reviews

Best Sellers Rank: #561,815 in Books (See Top 100 in Books) #47 in Books > Textbooks > Medicine & Health Sciences > Alternative Medicine > Osteopathy #77 in Books > Medical Books > Medicine > Internal Medicine > Osteopathy #450 in Books > Textbooks > Medicine & Health Sciences > Medicine > Education & Training

## Customer Reviews

I purchased this text as a review for Family Practice Board Re-certification. It's comprehensive, detailed, and presented in a clear, well photographed manner. The additional availability of on-line video clips makes this as close as you can get to having an OMT specialist in your study!

Would highly recommend to those who are studying for PE or oral ABOFP exam. Search option works great. Just type in a few words. I have been keeping abreast with each edition. Much much better than paper copy of 1st edition. Not sure if there are videos to go with the kindle version. If not that would be the only addition needed to give it 5 stars.

This book is great. It really helps me for my OMM class. Now there are several areas this book is lacking... namely theory. If you want theory than you need to get another expensive book by the name of Foundations of Osteopathic Medicine. This book is great to bring before exams. It doesn't

have everything, but the Spencer technique section really saved me. Also, I was able to look up counterstrain of the quadratus lumborum to help someone I cared about after I learned the theory of counterstrain. I think it is a great addition to the self of the Osteopathic Physician and also to any allopathic physicians that want to give these techniques a try.

This book is quite helpful in showing how to perform the osteopathic techniques, as well as indications/contraindications to the procedures. Good for osteopathic students but I could imagine that experienced physicians would find it helpful as well. Sometimes a little confusing with the black/white arrows (trying to figure out which way patient is moving versus the physician). A little pricey for a paperback but good content. I probably would have rated it at "4 stars" if it was a little less expensive.

This is one of the best resources I've found for OMT refresher. The pictures are sharp and well posed so you can clearly see the setup and activation necessary. An excellent atlas, wish I had had this when I was at KCOM.

This is a good guide to have, videos are very helpful. I think this book will help depending how your medical school teaches it. My school provides free access to videos and has a pretty comprehensive lecture over it so the book wasn't really necessary. But I don't know yet how helpful it will be for the OSCE's as I have yet to taken them. The product itself is great with step-by-step instructions and pictures are easily able to be followed along. It would be nice to bring along during OMT reviews/study sessions.

The Nicholas family has, once again, delivered a landmark text on osteopathic technique. The coverage of the wide variety of Osteopathic techniques is extensive. Visually, the photography and added artwork make this one of the most useful osteopathic technique manuals available today.

If you're going into osteopathic medicine, you'll probably need this book. This is a second edition; it has significant additions and alterations from the first edition, so if you're trying to decide whether you can get away with using the first edition, know that you would be missing a significant amount of information (I haven't gotten there yet, but I've been told it's most noticeable in the counterstrain techniques section).

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